

EUROPEAN PSYCHOLOGY SCHOOL

Ukrainian Psychotherapeutic League

CERTIFICATE OF PARTICIPATION

published:

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This certificate confirms attendance at an educational event organised by the Department of Cognitive-Behavioural Approaches of the Ukrainian Psychotherapeutic League as part of the “On the Couch” educational club

“HOW TO ADDRESS INSOMNIA AND NIGHTMARES IN THE TREATMENT OF PTSD, ANXIETY AND DEPRESSION”

Speaker: **Keith Young** is a Licensed Clinical Professional Counsellor (LCPC), a Certified Trauma Practitioner (CCTP) and a Certified Hypnotherapist (CH), with over 25 years’ experience in the specialised treatment of psychological trauma. He is the author of the book “Trauma and Resilience: Your Questions Answered”.

This training event is designed to enhance the professional skills of specialists in the field of mental health and psychotherapy.

29.05.2026

Україна * Київ * Громадська організація * «УКРАЇНСЬКА ПСИХОТЕРАПЕВТИЧНА ЛІГА» * Ідентифікаційний код 45560603

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